



JUNIOR DELHI SCHOOL

FAMILY LETTER FOR THE MONTH OF DECEMBER 2023

UPPER K.G.

THEME-The world of plants and food

Dear parents,

Merry Christmas! We are sending you the family letter for the month of December 23. This theme is "The world of plants and food" and we will cover food in this month. In this they will learn about different types of fruits and vegetables-color, shape, size, smell and texture. They will also learn about healthy and unhealthy eating. Along the theme they will develop pre skills and gross motor skills. Engagements that will be covered. Engagements that will be covered:

Vocabulary enrichment:

Trees	Vines	Fleshy	Citrus
Creepers	Ground	Underground	Stem
Healthy	Unhealthy	Food Pyramid	Nutrition

Cooking:

Making of fruit salad

Prayer:

- Gayatri mantra
- Jan Gan Man

Developing pre skills:

- Introduction of sentences
- Introduction of phrases
- Intro of addition
- Introduction and association of letters
- Introduction of Hindi 2 letter words
- Reading comprehension passage

Dates for parents to watch:

Date	Celebration	Parents to watch
04.12.2023	Healthy and Junk Food Day	Bring healthy and junk food pictures.
08.12.2023	Christmas Cookies Day	Bring decorated cookie and share with your Friends.
18.12.2023-21.12.2023	Joy Of Giving Week	Share old clothes, books, toys, food with the Needy and celebrate Joy of Giving Week.
22.12.2023	Christmas celebrations	Dress up in party dress for Christmas Celebrations.
27.12.2023	White color day	Dress up your child in white color dress or Accessories for white color day.
29.12.2023	New Year celebration	Dress up in party dress for New Year Celebrations.

Story telling:

- a) Growing vegetable soup
- b) Hungry Caterpillar

- a) Reading week is from 11<sup>th</sup> to 15<sup>th</sup> December. Parents are welcome to read/tell or enact stories of their choice in the class.
- b) We take delight in full participation of each child in all activities and request parents to sign and check the diary on regular basis and also in being punctual to school.

Fine motor skills:

- a) Pattern Drawing

Gross motor skills

- a) Relay race
- b) Frog jump

Yoga poses

- a) Tree pose